


Curriculum Vitae Michael Schaub

1 Current Position

Scientific Director Swiss Research Institute for Public Health and Addiction, Zurich Konradstrasse 32 8031 Zürich Switzerland Phone +41 1 448 11 65 Fax +41 1 448 11 71 E-mail: michael.schaub@isgf.uzh.ch ; Internet: www.isgf.uzh.ch	
--	---

2 Biographical data

Prof. Dr. phil. Michael Patrick Schaub, born on the 8th of January 1974 in Liestal, Canton Basel-Land, Switzerland

Nationality: Swiss

Private

Address: Birrenbergstrasse 5, 5620 Bremgarten, Switzerland

Family: Married and father of an 9-year old daughter and a 4-year old son

1981 - 1989 Basic primary/secondary school

1990 - 1994 Gymnasium (high school) Urdorf, Switzerland

‘Matura’-Graduation with specialization in mathematics and natural sciences

3 University graduation and PhD studies

2001 Graduation (lic. phil. I), Department of Psychology, University of Zurich

2005 PhD (Dr. phil.) in psychology at the University of Zurich, Institute of Psychology / Psychiatric University Hospital, title of the Thesis: “Cannabis Use, Associated Personality Dimensions and Co-Occurring Mental-Health Problems”

2012 Postdoctoral lecture qualification (Habilitation) at the University of Zurich in the subject psychology, in particular ‘therapy and diagnostics of substance use disorders’

2019 Associate Professor (Titularprofessor) at the University of Zurich

4 Continuous education and related courses

2002 - 2007 Person-centred Psychotherapist PCA, Swiss Society for Person-Centred Counselling and Psychotherapy PCA; Psychotherapist FSP, Federation of Swiss Psychologists FSP

2014 Good Clinical Practice Module I – III, Clinical Trials Center Zurich

5 University didactic courses

2009 ‘Début’ – refresher course for university didactics after the Bologna reform

6 Professional experiences

- 2012 - dato Scientific Director, Swiss Research Institute for Public Health and Addiction (ISGF) associated to the University of Zurich, Zurich, Switzerland
- 2012 - dato Private docent (Privatdozent), Institute of Psychology, University of Zurich
- 2010 - 2012 Lecturer, Institute of Psychology, University of Zurich
- 2006 - 2012 Psychotherapist, own psychotherapeutic practice, Dottikon, Switzerland
- 2008 - 2012 Research Manager, Swiss Research Institute for Public Health and Addiction, Zurich, Switzerland
- 2002 - 2008 Clinical Researcher, Research Group on Substance Use Disorders, Psychiatric University Hospital Zurich, Switzerland
- 2004 - 2006 Psychotherapist, addiction rehabilitation institution, Egliswil, Switzerland
- 2002 - 2004 Clinical Psychologist, addiction rehabilitation institution, Egliswil, Switzerland
- 1999 - 2000 Assistant Human Resources, Zurich Financial Services, Zurich

7 Teaching experiences

- 2013 - dato Research colloquium 'substance use disorders', Institute of Psychology, University of Zurich (every spring and autumn semester respectively, approximately 2 hours every 14 days based on the number of master thesis presentations)
- 2012 - dato Master thesis project group for psychology master students, University of Zurich (every spring and autumn semester respectively approximately 2 hours every 14 days based on the number of master thesis presentations)
- 2017 Seminar: Substance disorders and non-substance related addictions for psychology master students, University of Zurich (autumn semester with 2 hours per week)
- 2014 - 2016 Seminar: Diagnostics for psychology master students, University of Zurich (every autumn semester with 2 hours per week)
- 2010 - 2013 Seminar: Addiction research methods for psychology master students, University of Zurich (every autumn semester with 2 hours per week)
- 2007 - 2009 Three block release courses (of 3 x 3.5 hours each) in the further education for psychiatrists (FMH)

8 Supervision of PhD theses

- 2018 - dato Christian Baumgartner. Web-based self-help for the reduction of problematic and pathologic gambling. Cumulative thesis to be presented to the Faculty of Arts and Social Sciences of the University of Zurich for the Degree of Doctor of Philosophy.
- 2015 - 2017 Raquel Paz Castro. Can text messages make you change? Mobile phone-based interventions for tobacco and alcohol use reduction in adolescents. Cumulative thesis presented to the Faculty of Arts and Social Sciences of the University of Zurich for the Degree of Doctor of Philosophy.
- 2013 - 2016 Larissa J Maier. Prevalence of Pharmacological Neuroenhancement in Switzerland and its Associations with Personality and Mental Health. Cumulative thesis presented to the Faculty of Arts and Social Sciences of the University of Zurich for the Degree of Doctor of Philosophy.
- 2011 - 2014 Julia Becker. Co-use of Tobacco and Cannabis: Development and Evaluation of Tailored Interventions. Cumulative thesis presented to the Faculty of Arts and Social Sciences of the University of Zurich for the Degree of Doctor of Philosophy.

9 Supervision of master theses

1. Milena Schnyder (ongoing). Einflussfaktoren der psychischen Gesundheitskompetenz von Jugendlichen und jungen Erwachsenen in der Deutschschweiz bezüglich Alkoholmissbrauch.
2. Lorena Glisenti (ongoing). Stigmatisierende Einstellungen gegenüber Alkoholmissbrauch bei Schweizer Jugendlichen und jungen Erwachsenen.
3. Sandra Wickli (ongoing). Altersspezifische Unterschiede im Alkoholkonsum, in der depressiven Symptomatik und in der Nutzung einer internetbasierten Selbsthilfeintervention zur Reduktion von problematischem Alkoholkonsum und depressiven Symptomen.
4. Maike Bächtold (ongoing). Einfluss von Symptomatik der Posttraumatischen Belastungsstörung auf den Effekt des Selbsthilfeinterventionsprogramms CANreduce.
5. Andrea Prudenzano (2018). Geschlechtsspezifische Unterschiede im Alkoholkonsum, in der depressiven Symptomatik und in der Nutzung einer internetbasierten Selbsthilfeintervention zur Reduktion von problematischem Alkoholkonsum und depressiven Symptomen.
6. Tatjana Imhof (2018). Wirksamkeit vom webbasierten Selbsthilfeprogramm «Snow Control» mit und ohne Chatberatung zur Reduktion von problematischem Kokainkonsum bei Personen mit einer Depressions- und/oder Angst-Symptomatik.
7. Christian Baumgartner (2017). Adhärenzsteigerung durch Optimierung einer internetbasierten Selbsthilfeintervention zur Reduktion von problematischem Cannabisgebrauch.
8. Rahel Rufer (2017). Does an E-Coach matter? Einfluss von adhärenz-fokussierter Anleitung in webbasierter Selbsthilfe zur Reduktion von problematischem Alkoholkonsum und depressiver Symptomatik.
9. Julia Singer (2017). Einfluss von web-basierter Selbsthilfeintervention zur Reduktion von Alkoholkonsum und depressiver Symptomatik mit Fokus auf verschiedene Faktoren der depressiven Symptomatik.
10. Ivana Ilieva (2017). Snow Control 2.0: Webbasierte Selbsthilfe zur Reduktion von problematischem Kokainkonsum unter Berücksichtigung von Aufmerksamkeitsdefizit-/Hyperaktivitätsstörung (ADHS).
11. Julia Vollrath-Rödiger (2016). Die Rolle der Working Alliance zwischen Therapeut und Klient bei einer internetbasierten Selbsthilfe-Intervention zur Reduktion oder Beendigung des Kokainkonsums. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
12. Deborah Fischer (2016). Untersuchung einer integrierten, web-basierten Intervention zur Reduktion von Alkoholkonsum und Depression. Auswertung der ersten Drei-Monats-Follow-up Daten. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
13. Jana Roos (2015). Take Care of You – Pilotierung einer web-basierten Selbsthilfeintervention zur Reduktion der depressiven Symptomatik und des Alkoholkonsums. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
14. Eveline Bühler (2015). Geschlechtsspezifische Unterschiede in der Nutzung einer webbasierten Selbsthilfeintervention zur Reduktion des Cannabiskonsums und im Konsumverhalten der Teilnehmenden. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
15. Gaëlle-Vanessa Glauser (2015). Neuroenhancement an Berufsvorbereitungs-, Berufsfach- und Mittelschulen des Kantons Zürich. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
16. Fiona Herzig (2013). Stress und Braindoping im Studium. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.
17. Larissa Maier (2012). Partydrogenprävention in der Stadt Zürich – vertiefte Analyse und Vergleich verschiedener Datenquellen. Masterarbeit zur Erlangung des Masters of Science in Psychologie, Philosophische Fakultät, Universität Zürich.

10 Membership of committees and boards of the University of Zurich

- 2015 - dato PD/TP representation ('Ständevertretung der Privatdozierenden, Titularprofessorinnen und -professoren') at the Ethics Committee of the Faculty of Philosophy
- 2017 Member of the review board for the dual Jacobs Foundation professorship in children and youth developmental psychology

11 Organization of scientific meetings and conferences

- 2018 2nd Meeting of the CAATOD (Critical Approaches to Alcohol, Tobacco and Other Drugs) workgroup, London, 20th-21st of November 2018; member of the organizing committee
- 2017 Mental Health: Innovative Trends in Treatment and Intervention – 2nd Symposium of the Competence Center of Mental Health, University of Zurich (26th of January 2017); member of the organizing committee
- 2013 16th Conference of the European Association of Substance Abuse Research EASAR – Aeschi above Lake Thun, Switzerland (9th-12th of May 2013); main organizer
- 2013 Future challenges for addiction research – 20 year jubilee conference for the Swiss Research Institute for Public Health and Addiction ISGF at the University of Zurich (9th-10th of September 2013); main organizer, received SNF funding CHF 5'000 (32CO30_147513)

12 List of Publications

Articles and other contributions to peer-reviewed journals

Accepted or in press:

1. Michelle Dey, Raquel Paz Castro, Severin Haug, Michael P Schaub. Quality of life of parents of mentally-ill children: a systematic review and meta-analysis. *Epidemiology and Psychiatric Sciences*: in press.
2. Kiona K. Weisel, Matthias Berking, Rocio Herrero, Heleen Riper, David Daniel Ebert, Corinna Jacobi, Anna-Carlotta Zarski, Thomas Berger, Tobias Krieger, Michael P Schaub, Annet Kleiboer, Michelle Dey, Rosa Maria Banos Rivera, Christian T. Moser, Pim Cuijpers, Felix Bolinski, Jennifer Beecham, Ernestina Etchemendy, Dennis Goerlich, Cristina Botella. Efficacy and cost-effectiveness of guided and unguided internet- and mobile-based indicated transdiagnostic prevention of depression and anxiety (ICare Prevent): A multi-country three-armed randomized controlled trial. *Internet Interventions*: in press.
3. Rocio Herrero, Adriana Mira, Giulia Corno, Ernestina Etchemendy, Rosa Maria Banos Rivera, Azucena Garcia-Palacios, David Daniel Ebert, Marvin Franke, Thomas Berger, Michael P Schaub, Dennis Goerlich, Corinna Jacobi, Cristina Botella. An Internet based intervention for improving resilience and coping strategies in university students: study protocol for a randomized controlled trial. *Internet Interventions*: in press.

Published:

1. Jona R Frohlich, Karli K Rapinda, Michael P Schaub, Andreas Wenger, Christian Baumgartner, Edward A Johnson, Roisin O'Connor, Norah Vincent, Matthijs Blankers, David D Ebert, Heather Hadjistavropoulos, Corey S Mackenzie, Matthew T Keough. Testing the Efficacy of an Online Self-Help Treatment for Comorbid Alcohol Misuse and Emotional Problems in Young Adults: A Randomized Controlled Trial (RCT). *Journal of Medical Internet Research Protocols* 2018; 7(11):e11298.
2. Severin Haug, Raquel Paz Castro, Andreas Wenger, Michael P Schaub. Efficacy of a mobile phone-based life-skills training program for substance use prevention among adolescents: Study protocol of a cluster-randomised controlled trial. *BMC Public Health* 2018; 18(1):1102.
3. Severin Haug, Raquel Paz Castro, Peter Eggli, Michael P Schaub. Drinking Goal Trajectories and Their Association with Client Characteristics and Outcomes among Clients in Outpatient Alcohol Treatment. *Substance Use and Misuse* 2018; 53(13):2140-2151.
4. Kiona Krueger Weisel, Anna-Carlotta Zarski, Thomas Berger, Michael P Schaub, Tobias Krieger, Christian T Moser, Matthias Berking, David D Ebert. Efficacy, moderators, and cost-effectiveness of a transdiagnostic individual participant tailored internet- and mobile-based guided treatment for major depressive disorder and comorbid anxiety. *Frontiers in Psychiatry* 2018; 9:274
5. Robert J. Tait, Jessica Kirkman, Michael P Schaub. A randomised controlled trial of a participatory health promotion approach to alcohol use problems: The "Daybreak" program study protocol. *Journal of Medical Internet Research Protocols* 2018; 7(5):e148.
6. Leif Boss, Dirk Lehr, Michael P Schaub, Raquel Paz Castro, Heleen Riper, Matthias Berking, David D Ebert. Efficacy of a web-based intervention with and without guidance for employees with risky drinking: results of a three-arm randomized controlled trial. *Addiction* 2018; 13(4):635-646.
7. Manuel Amann, Severin Haug, Andreas Wenger, Christian Baumgartner, David Daniel Ebert, Thomas Berger, Lars Stark, Marc Walter, Michael P Schaub. CANreduce 2.0 – the effects of social presence on adherence-focused guidance in problematic cannabis users: study protocol for a three-arm randomized controlled trial. *Journal of Medical Internet Research Protocols* 2018; 7(1):e30.

8. Michael P Schaub, Marcela Tiburcio, Nora Martinez, Atul Ambekar, Yatan Pal Singh Balhara, Andreas Wenger, André Luiz Monezi Andrade, Dzianis Padruchny, Sergey Osipchik, Elise Gehring, Vladimir Poznyak, Dag Rekve, Maria Lucia Oliveira Souza-Formigoni. Alcohol e-help - Web-based self-help program to reduce alcohol use in adults with drinking patterns considered harmful, hazardous, or suggestive of dependence in middle-income countries. *Addiction* 2018; 113(2):346-352.
9. Thimo M van der Pol, Craig E Henderson, Vincent Hendriks, Michael P Schaub, Henk Rigter. Multidimensional family therapy reduces self-reported criminality among adolescents with a cannabis use disorder in a multisite randomised controlled trial. *International Journal of Offender Therapy and Comparative Criminology* 2017; 62(6):1-16.
10. Severin Haug, Raquel Paz Castro, Andreas Filler, Tobias Kowatsch, Michael P Schaub. A Pre-Post Study on the Acceptance and Potential Effectiveness of ready4life - a Mobile Phone-Based Life-Skills Training Program for Substance Use Prevention among Adolescents. *Journal of Medical Internet Research mHealth and uHealth* 2017; 5(10):e143.
11. Raquel Paz Castro, Severin Haug, Andreas Filler, Tobias Kowatsch, Michael P Schaub. Engagement within a mobile phone-based smoking cessation intervention for adolescents and its association with participant characteristics and outcomes. *Journal of Medical Internet Research* 2017; 19(10):e356.
12. Severin Haug, Raquel Paz Castro, Andreas Filler, Tobias Kowatsch, Michael P Schaub. Efficacy of a technology-based, integrated smoking cessation and alcohol intervention for smoking cessation in adolescents: Results of a cluster-randomised controlled trial. *Journal of Substance Abuse Treatment* 2017; 82:55-66.
13. Nikolaos Boumparis, Eirini Karyotaki, Michael P Schaub, Pim Cuijpers, Heleen Riper. Internet Interventions for Adult Illicit Substance Users: A Meta-analysis. *Addiction* 2017; 112(9):1521-1532.
14. Raquel Paz Castro, Severin Haug, Tobias Kowatsch, Andreas Filler, Michael P Schaub. Moderators of outcome in a technology-based intervention to prevent and reduce problem drinking among adolescents. *Addictive Behaviors* 2017; 72:64-71
15. Severin Haug, Raquel Paz, Tobias Kowatsch, Andreas Filler, Michelle Dey, Michael P Schaub. Efficacy of a web- and text messaging-based intervention to reduce problem drinking in adolescents: Results of a cluster-randomised controlled trial. *Journal of Consulting and Clinical Psychology* 2017; 85(2):147-159.
16. Severin Haug, Peter Eggli, Michael P Schaub. Drinking Goals and Their Association With Treatment Retention and Treatment Outcomes Among Clients in Outpatient Alcohol Treatment. *Substance Use and Misuse* 2016; 52(3):313-321.
17. Severin Haug, Michael P Schaub. Treatment outcome, treatment retention, and their predictors among clients of five outpatient alcohol treatment centres in Switzerland. *BMC Public Health* 2017; 16:581.
18. Michael P Schaub, Matthijs Blankers, Dirk Lehr, Leif Boss, Heleen Riper, Jack Dekker, Anna E Goudriaan, Larissa J Maier, Severin Haug, Manuel Amann, Michelle Dey, Andreas Wenger, David D Ebert. Efficacy of an Internet-based self-help intervention for the reduction of alcohol use and depression symptoms in adult alcohol misusers with co-occurring depression symptoms: study protocol of a three-arm randomized controlled trial. *British Medical Journal Open* 2016(6):e011457.
19. Michael D Wunderli, Matthias Vonmoos, Lea M Hulka, Katrin H Preller, Markus R Baumgartner, Thomas Kraemer, Michael P Schaub, Dominique Eich-Höchli, Boris B Quednow. Cognitive and emotional impairments in adults with attention-deficit/hyperactivity disorder and cocaine use: mutual effects of an unholy alliance. *Drug and Alcohol Dependence* 2016; 163:92-99.
20. Frederic Been, Lubertus Bijlsma, Lisa Benaglia, Jean-Daniel Berset, Ana M Botero-Coy, Sara Castiglioni, Ludwig Kraus, Frank Zobel, Michael P Schaub, Alexander Bücheli, Félix Hernández, Olivier Delémont, Pierre Esseiva, Christoph Ort. Assessing geographical differences in illicit drug consumption - A comparison of results from

- epidemiological and wastewater data in Germany and Switzerland. *Drug and Alcohol Dependence* 2016; 161:189-199.
21. Larissa J Maier, Severin Haug, Michael P Schaub. Author's response on Arria (2016): Intention matters – using the terminology 'pharmacological neuroenhancement' as a behavioral definition based on the assumed functionality. *Addiction* 2016; 111:938-939.
 22. Maria Dickson-Spillmann, Severin Haug, Ambros Uchtenhagen, Philip Bruggmann, Michael P Schaub. Rates of HIV and hepatitis infections in clients entering heroin assisted treatment between 2003 and 2013 and risk factors for hepatitis C infection. *European Addiction Research*: 2016; 22:181-191.
 23. Larissa J Maier, Severin Haug, Michael P Schaub. Prevalence of and motives for pharmacological neuroenhancement in Switzerland—results from a national Internet panel. *Addiction* 2016; 111(2):280-295.
 24. Severin Haug, Raquel Paz Castro, Min Kwon, Andreas Filler, Tobias Kowatsch, Michael P Schaub. Smartphone use and smartphone addiction among young people in Switzerland. *Journal of Behavioral Addictions* 2015; 4(4):299-307.
 25. Larissa J Maier, Evangelia Liakoni, Brad Partridge, Jan Schildmann, Michael P Schaub, Matthias E Liechti. Swiss university students' attitudes toward pharmacological cognitive enhancement. *PLOS One* 2015; 10.1371/journal.pone.0144402.
 26. Megan Jones, David Daniel Ebert, Corinna Jacobi, Ina Beintner, Thomas Berger, Dennis Görlich, Michael P Schaub, Heleen Riper, Ulrike Schmidt, Rosa Baños, Cristina Botella. Why didn't patients use it? Engagement is the real story in Gilbody et al. (2015), not effectiveness. *British Medical Journal* 2015; 351:h5627/rr-4.
 27. Michael P Schaub, Andreas Wenger, Oliver Berg, Thilo Beck, Lars Stark, Eveline Buehler, Severin Haug. Efficacy of a web-based self-help intervention with and without chat counseling to reduce cannabis use in problematic cannabis users: results of a three-arm randomized controlled trial. *Journal of Medical Internet Research* 2015; 17(10):e232.
 28. Evangelia Liakoni, Michael P Schaub, Larissa J Maier, Gaëlle-Vanessa Glauser, Matthias E Liechti. The use of prescription drugs, recreational drugs, and "soft enhancers" for cognitive enhancement among Swiss school students. *Plos One* 2015; 10(10):e0141289.
 29. Leif Boss, Dirk Lehr, Matthias Berking, Heleen Riper, Michael P Schaub, David D Ebert. Evaluating the (cost-)effectiveness of guided and unguided Internet-based self-help for problematic alcohol use in employees - A three arm randomized controlled trial. *BMC Public Health* 2015; 15(1).
 30. Larissa J Maier, Severin Haug, Michael P Schaub. The Importance of Stress, Self-Efficacy, and Self-Medication for Pharmacological Neuroenhancement among Employees and Students. *Drug and Alcohol Dependence* 2015; 156:221–227.
 31. Julia Becker, Michael P Schaub, Gerhard Gmel, Severin Haug. Cannabis use and other predictors of the onset of daily cigarette use and progression of alcohol use in young men: Extending the reverse gateway hypothesis. *BMC Public Health* 2015; 15(1):843.
 32. Gerhard Gmel, Christina Akre, Mariana Astudillo, Caroline Bähler, Stéphanie Baggio, Nicolas Bertholet, Carole Clair, Jacques Cornuz, Jean-Bernard Daeppen, Stéphane Deline, Petra Dermota, Michelle Dey, Marc Dupuis, Natalia Estévez, Simon Foster, Jacques Gaume, Severin Haug, Yves Henchoz, Hervé Kuendig, Meichun Mohler-Kuo, Alexandra N'Goran, Michael P Schaub, Joseph Studer, Joan-Carles Suris, Jen Wang. The Swiss cohort study on substance use risk factors – findings of two waves. *Sucht* 2015; 61(4):251-262.
 33. Michael P Schaub, Larissa J Maier, Andreas Wenger, Lars Stark, Oliver Berg, Thilo Beck, Boris B. Quednow, Severin Haug. Evaluating the efficacy of a web-based self-help intervention with and without chat counseling on cocaine use in problematic cocaine users: study protocol of a pragmatic three-arm randomized controlled trial. *BMC Psychiatry* 2015; 15:156.
 34. Severin Haug, Michael J Lucht, Ulrich John, Christian Meyer, Michael P Schaub. A Pilot Study on the Feasibility and Acceptability of a Text Message-Based Aftercare

- Treatment Programme Among Alcohol Outpatients. *Alcohol and Alcoholism* 2015; 50(2):188-194.
35. Julia Becker, Severin Haug, Thomas Kraemer, Michael P Schaub. Feasibility, safety, and initial effectiveness of an integrative group cessation intervention for co-smokers of tobacco and cannabis. *Drug and Alcohol Review* 2015; 34:418-426.
 36. Larissa J Maier, Michael D Wunderli, Matthias Vonmoos, Andreas T Römmelt, Markus R Baumgartner, Erich Seifritz, Michael P Schaub, Boris B. Quednow (2015). Pharmacological cognitive enhancement in healthy individuals: a compensation for cognitive deficits or a question of personality? *Plos One* 2015; 10(6):E0129805.
 37. Larissa J Maier, Michael P Schaub. The use of prescription drugs and drugs of abuse for neuroenhancement in Europe: Not widespread but a reality. *European Psychologist* 2015; 20:155-166.
 38. Severin Haug, Carla López Núñez, Julia Becker, Gerhard Gmel, Michael P Schaub. Predictors of the onset of cannabis and other drug use in male young adults. *BMC Public Health* 11/2014; 14(1):1202.
 39. Julia Becker, Severin Haug, Robin Sullivan, Michael P Schaub. Effectiveness of different web-based interventions to prepare co-smokers of cigarettes and cannabis for double-cessation: a three-armed randomized trial. *Journal of Medical Internet Research* 12/2014; 16(12):e273.
 40. Michael P. Schaub, Andreas Wenger, Alwin Bachmann, Lars Stark, Severin Haug. Qualitätsentwicklung in der Internetgestützten Suchthilfe am Beispiel des Schweizer Suchtportals Safe Zone [Quality development in the guided Internet-based addiction aid as exemplified by the Swiss addiction portal Safe Zone]. *Suchtmedizin in Forschung und Praxis* 2014; 16(4):187-193.
 41. Severin Haug, Raquel Paz Castro, Andreas Filler, Tobias Kowatsch, Michael P Schaub. Efficacy of an internet and SMS-based integrated smoking cessation and alcohol intervention for smoking cessation in young people: study protocol of a two-arm cluster randomised controlled trial. *BMC Public Health* 11/2014; 14(1):1140.
 42. Severin Haug, Michael P. Schaub, Raquel Paz, Holger Schmid. Barrieren und Ressourcen für einen Rauchstopp bei Jugendlichen und jungen Erwachsenen. [Barriers and Resources for a Smoking Cessation Attempt in Youth and Young Adults]. *Sucht* 2014; 60(4):225-234.
 43. Severin Haug, Tobias Kowatsch, Raquel Paz Castro, Andreas Filler, Michael P Schaub. Efficacy of a web- and text messaging-based intervention to reduce problem drinking in young people: study protocol of a cluster-randomised controlled trial. *BMC Public Health* 08/2014; 14(1):809.
 44. Severin Haug, Michael P Schaub, Ulrich John, Christian Meyer, Holger Schmid. Predictors of adolescent smoking cessation and smoking reduction. *Patient Education and Counseling* 2014; 95(3):378-83.
 45. Maria Dickson-Spillmann, Robin Sullivan, Benedikt Zahno, Michael P Schaub: Queer Quit: A pilot study of a smoking cessation programme tailored to gay men. *BMC Public Health* 2014; 14:126.
 46. Michael P Schaub, Craig E. Henderson, Isidore Pelc, Peter Tossmann, Olivier Phan, Vincent Hendriks, Cindy L. Rowe, Henk Rigter. Multidimensional family therapy decreases the rate of externalising behavioural disorder symptoms in cannabis abusing adolescents. Outcomes of the INCANT trial. *BMC Psychiatry* 2014, 14:26.
 47. Maria Dickson-Spillmann, Severin Haug, Michael P Schaub. Group Hypnosis vs. Relaxation for Smoking Cessation in Adults: A Cluster-Randomised Trial. *BMC Public Health* 2013; 13:1227.
 48. Severin Haug, Michael P. Schaub, Vigeli Venzin, Christian Meyer, Ulrich John. Differentielle Wirksamkeit eines Short Message Service (SMS)-basierten Programms zur Förderung des Rauchstopps bei Jugendlichen. [Differential Effectiveness of a Brief Short Message Service based Program to Foster Smoking Cessation in Youth]. *Psychiatrische Praxis* 2013; 40(6):339-46.

49. Adrian Kormann, Michael P. Schaub. Erfahrungen mit der diversifizierten Substitution – Orales Diacetylmorphin in der Heroingestützten Behandlung in der Schweiz. [Experiences with a Diversified Substitution Therapy – Oral Diacetylmorphine in the Heroin-Assisted Treatment in Switzerland]. *Suchtmedizin in Forschung und Praxis* 2013; 5:280-285.
50. Michael P Schaub, Severin Haug, Andreas Wenger, Oliver Berg, Robin Sullivan, Thilo Beck, Lars Stark. Can Reduce - The Effects of Chat-Counseling and Web-Based Self-Help, Web-Based Self-Help Alone and a Waiting List Control Program on Cannabis Use in Problematic Cannabis Users: A Randomized Controlled Trial. *BMC Psychiatry* 2013; 13(1):305.
51. Severin Haug, Michael P Schaub, Vigeli Venzin, Andrea Dymalski, Christian Meyer, Ulrich John, Gerhard Gmel. A Pre-Post Study on the Appropriateness and Effectiveness of a Web- and Text Messaging-Based Intervention to Reduce Problem Drinking in Emerging Adults. *Journal of Medical Internet Research*: 2013; 15(9):e196.
52. Julia Becker, Ines Hungerbuehler, Oliver Berg, Maciej Szamrovicz, Andreas Haubensack, Adrian Kormann, Michael P Schaub. Development of an integrative cessation program for co-smokers of cigarettes and cannabis: demand analysis, program description, and acceptability. *Substance Abuse Treatment, Prevention, and Policy* 2013; 8(1):33.
53. Larissa J. Maier, Matthias E. Liechti, Fiona Herzig, Michael P Schaub. To dope or not to dope: Neuroenhancement with prescription drugs and drugs of abuse among Swiss University students. *PLoS One* 2013; 8(11):e77967.
54. Severin Haug, Michael P Schaub, Vigeli Venzin, Holger Schmid, Christian Meyer, Ulrich John. Efficacy of a Text Messaging (SMS) Based Smoking Cessation Intervention for Young People: A Cluster Randomised Controlled Trial. *Journal of Medical Internet Research* 2013; 15(8):e171.
55. Michael P Schaub, Ambros Uchtenhagen. Building a European Consensus on Minimum Quality Standards for Drug Treatment, Rehabilitation and Harm Reduction. *European Addiction Research* 2013; 19:314-324.
56. Severin Haug, Michael P Schaub, Corina Salis Gross, Ulrich John, Christian Meyer. Predictors of hazardous drinking, tobacco smoking and physical inactivity in apprentices of vocational schools. *BMC Public Health* 2013; 13:475.
57. Henk Rigter, Craig E. Henderson, Isidore Pelc, Peter Tossmann, Olivier Phan, Vincent Hendriks, Michael Schaub, Cindy L. Rowe. Multidimensional Family Therapy lowers the rate of cannabis dependence in adolescents: A randomised controlled trial in Western European outpatient settings. *Drug and Alcohol Dependence* 2013; 130:85-93.
58. Michael Schaub, Robin Sullivan, Severin Haug, Lars Stark. Web-Based Cognitive Behavioural Self-Help Intervention to Reduce Cocaine Consumption in Problematic Cocaine Users: A Randomised Controlled Trial. *Journal of Medical Internet Research* 2012; 14(6):e166.
59. Maria Dickson-Spillmann, Thomas Kraemer, Kristina Y Rust, Michael Schaub. Group hypnotherapy versus group relaxation for smoking cessation: an RCT study protocol. *BMC Public Health* 2012; 12:271.
60. Severin Haug, Michael Schaub. Wirksamkeit internetbasierter Tabakpräventionsangebote - eine systematische Literaturübersicht. [Efficacy of Internet-based Tobacco Prevention Services – a Systematic Review]. *Zeitschrift für Gesundheitspsychologie* 2011; 19:181-196.
61. Michael Schaub, Robin Sullivan, Lars Stark. Snow Control, an RCT protocol for a web-based self-help therapy to reduce cocaine consumption in problematic cocaine users. *BMC Psychiatry* 2011; 11:153.
62. Ines Hungerbuehler, Alexander Buecheli, Michael Schaub. Drug Checking: A prevention measure for a heterogeneous group with high consumption frequency and polydrug use - evaluation of Zurich's drug checking services. *Harm Reduction Journal* 2011; 8(1):16.
63. Michael Schaub, Alex Stevens, Severin Haug, Daniele Berto, Neil Hunt, Viktoria Kerschli, Tim McSweeney, Kerrie Oeuvray, Irene Puppo, Alberto Santa Maria, Barbara

- Trinkl, Wolfgang Werdenich, Ambros Uchtenhagen. Predictors of retention in the 'voluntary' and 'quasi-compulsory' treatment of substance dependence in Europe. *European Addiction Journal* 2011;17(2):97-105.
64. Domenic Schnoz, Michael Schaub, David Schwappach, Corina Salis Gross. Developing a culture-sensitive smoking cessation program for Turkish migrants in Switzerland: Novel findings and promising effects. *Nicotine and Tobacco Research* 2011; 13:127-134.
65. Rudolf Stohler, Michael Schaub. Antwort auf Leserbrief: Behandlung der Kokainüberdosis [Response to letter: treatment of cocaine overdose]. *Swiss Medical Forum* 2010; 10:720-721.
66. Anna Buadze, Rudolf Stohler, Beate Schulze, Michael Schaub, Michael Liebreuz. Does cannabis use cause schizophrenia? The view of cannabis abusing patients with schizophrenia - a qualitative study. *Harm Reduction Journal* 2010; 7:22.
67. Michael Schaub, Rudolf Stohler. Behandlung der Kokainabhängigkeit: ein multimodales Unterfangen [Treatment of cocaine addiction – a multimodal endeavor]. *Swiss Medical Forum* 2010; 10:437-440.
68. Michael Schaub, Beatrice Annaheim, Max Mueller, David Schwappach. Leisure Time Activities that Predict Initiation, Progression, and Reduction of Cannabis Use: A Prospective, Population-Based Panel Survey. *Drug and Alcohol Review* 2010; 29:378-384.
69. Michael Schaub, Luis Falcató, Rudolf Stohler. Editorial: Moderater Substanz-Gebrauch [Editorial: Moderate Substance Use]. *Suchttherapie* 2010; 11:8.
70. Luis Falcató, Rudolf Stohler, Michael Schaub. Moderater Substanz-Gebrauch: ein konzeptueller Rahmen für ein neues Paradigma [Moderate use – conceptual framework of a new paradigm]? *Suchttherapie* 2010; 11:9-13.
71. Ulrich Frick, Wolfgang Wiedermann, Michael Schaub, Ambros Uchtenhagen, Juergen Rehm. Prognostic Factors from a Long-Term Follow-up of Heroin-Assisted Treatment in Switzerland 1994-2007. *Psychiatrische Praxis* 2010; 37:175-182.
72. Michael Schaub, Alex Stevens, Daniele Berto, Neil Hunt, Viktoria Kersch, Tim McSweeney, Kerrie Ouevray, Irene Puppo, Alberto Santa Maria, Barbara Trinkl, Wolfgang Werdenich, Ambros Uchtenhagen. Comparing Outcomes of 'Voluntary' and 'Quasi-Compulsory' Treatment of Substance Dependence in Europe. *European Addiction Journal* 2010; 16:53-60.
73. Michael Schaub, Victor Chtenguelov, Emilis Subata, Gundo Weiler, Ambros Uchtenhagen. Feasibility of buprenorphine and methadone maintenance programmes among users of home made opioids in Ukraine. *International Journal of Drug Policy* 2010; 21:229-233.
74. Michael Schaub, Emilis Subata, Victor Chtenguelov, Gundo Weiler, Ambros Uchtenhagen. Feasibility of buprenorphine maintenance therapy programs in Ukraine - First promising treatment outcomes. *European Addiction Research* 2009; 15:157-162.
75. Michael Schaub, Charlotte Senn, Fanghaenel Kyra, Rudolf Stohler. Cannabis Using Schizophrenia Patients Treated with Atypical Neuroleptics: Do Their Symptoms Differ From That of Cannabis Abstainers? *Substance Use and Misuse* 2008; 43:2045-2052.
76. Michael Schaub, Lukas Boesch, Kyra Fanghaenel, Rudolf Stohler. Differences in Reasons for Cannabis Use between Schizophrenia Patients on Atypicals and Matched Healthy Controls. *Australian and New Zealand Journal of Psychiatry* 2008; 42:1060-1065.
77. Victoria Wapf, Michael Schaub, Beat Kläusler, Lukas Boesch, Rudolf Stohler, Dominique Eich. Barriers to Smoking Cessation in Swiss Methadone and Buprenorphine-Maintained Patients. *Harm Reduction Journal* 2008; 5:10.
78. Charlotte Senn, Alexander Bücheli, Michael Schaub, Rudolf Stohler. Partydrogen [Party drugs]. *Therapeutische Umschau* 2007; 64:109-113.
79. Michael Schaub, Rudolf Stohler. Langzeitschäden durch Cannabis - ein unterschätztes Problem [Long-term damages of cannabis – an underestimated problem]? *Swiss Medical Forum* 2006; 6:1128-1132.

80. Michael Schaub, Lukas Boesch, Rudolf Stohler. Associations between Aggressiveness, Schizotypal Personality Traits and Cannabis Use in Swiss Psychology Students. *Psychiatry Research* 2006; 143:299-301.
81. Matthias Barth, Michael Schaub. Ressourcen des Personenzentrierten Ansatzes in der Behandlung drogenabhängiger Klienten [Resources of the person-centered approach in the treatment of drug addicted clients]. *Person* 2006; 1:1-9.
82. Michael Schaub, Kenneth Dursteler-MacFarland, Rudolf Stohler, Rainer Thomasius. Pro und Kontra: Cannabis [Pro and cons: Cannabis]. *Psychiatrische Praxis* 2005; 32:58-61.
83. Michael Schaub, Wulf Rössler, Rudolf Stohler. Cannabis und Psychosen - eine Übersicht [Cannabis and psychosis – a review]. *Praxis - Schweizerische Rundschau für Medizin* 2004; 93:997-1002.

Global Burden of Disease (GBD), World Health Organization (WHO), and United Nations Office on Drugs and Crime (UNODC) study co-authorships:

1. GBD 2016 Alcohol Collaborators. Alcohol use and burden for 195 countries and territories, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016. *Lancet* 2018; 392(10152):1015-1035.
2. Nora D Volkow, Vladimir Poznyak, Shekhar Saxena, Gilberto Gerra and the UNODC-WHO Informal International Scientific Network. Drug use disorders: Impact of a public health rather than a criminal justice approach: Proposals by the Informal International Scientific Network at UNGASS 2016. *World Psychiatry* 2017; 16(2):213-214.
3. GBD 2015 Tobacco Collaborators. Estimating smoking prevalence and attributable disease burden in 195 countries and territories, 1990-2015: a systematic analysis from the Global Burden of Disease Study 2015. *Lancet* 2017; 389(10082):1885-1906.
4. GBD 2015 Mortality and Causes of Death Collaborators. Global, regional, and national life expectancy, all-cause mortality, and cause-specific mortality for 249 causes of death, 1980–2015: a systematic analysis for the Global Burden of Disease Study 2015. *Lancet* 2016; 388(10053):1459-1544.
5. GBD 2015 Disease and Injury Incidence and Prevalence Collaborators. Global, regional, and national incidence, prevalence, and years lived with disability for 310 diseases and injuries, 1990–2015: a systematic analysis for the Global Burden of Disease Study 2015. *Lancet* 2016; 388(10053):1545-1602.

Publications in journals without peer-review:

1. Michael P. Schaub, Corina Salis Gross, Marcel Krebs. Editorial: Zukunftsfragen der Suchtforschung. *Suchtmagazin* 2013; 39(6): 3.
2. Michael P. Schaub. Auswirkungen der Schweizer Drogenpolitik aus Sicht der Suchtforschung. *Suchtmagazin* 2013, 39(6): 37-39.
3. Larissa Maier, Matthias E. Liechti, Michael P. Schaub. Neuro-Enhancement auch an Schweizer Universitäten? *Suchtmagazin* 2013; 39(3): 21-24.
4. Michael P. Schaub, Alwin Bachmann. Stimulanzen: vielschichtige Konsumphänomene erfordern differenzierte Angebote. *Suchtmagazin* 2013; 39(3): 5-9.
5. Lars Stark, Michael P. Schaub, Robin Sullivan. Snow Control: Online-Selbsthilfe zu Reduktion von Kokainkonsum. *Suchtmagazin* 2013; 39(3): 34-39.
6. Etienne Maffli, Marina Delgrande Jordan, Susanne Schaaf, Michael P. Schaub. Zum ersten Mal in Suchtbehandlung. Klienten und Klientinnen in Erstbehandlung: Entwicklung zwischen 2005 und 2009. *Abhängigkeiten* 2012; 2: 83-98.
7. Michael Schaub, Julia Becker. Behandlung bei schädlichem Cannabisgebrauch und Cannabisabhängigkeit: Hintergründe und Evidenz der Ansätze. *Abhängigkeiten* 2012; 1: 54-69.

8. Michael Schaub, Severin Haug. Ambulante Therapie mit MDFT: Auch in der Schweiz eine Erfolgsstory? *Suchtmagazin* 2011; 5:20-23.
9. Michael Schaub. Wenn der Staat mit Cannabis handelt. *Suchtmagazin* 2010; 6:25-29.
10. Alexander Bücheli, Ines Quinteros-Hungerbühler, Michael Schaub. Evaluation der Partydrogenprävention in der Stadt Zürich. *Suchtmagazin* 2010; 5:41-47.
11. Michael Schaub, Toni Berthel, Rudolf Stohler. Behandlung der Kokainabhängigkeit in der Schweiz: Ausmass und Erfahrung bei der Implementierung von in der internationalen wissenschaftlichen Literatur publizierten Therapieansätzen. Resultate einer Netzwerkumfrage. *Abhängigkeiten* 2009; 3:72-80.

Book chapters:

1. Euphrosyne Gouzoulis-Mayfrank, Tomislav Majic, Michael P. Schaub (2018). Stimulanzien des Amphetamin-Typs. In: Soyka Michael, Batra Anil, Heinz Andreas, Moggi Franz, Walter Marc (Hrsg.). *Suchtmedizin*. S. 203-218. München: Elsevier.
2. Tomislav Majic, Euphrosyne Gouzoulis-Mayfrank, Michael P. Schaub (2018). Halluzinogene. In: Soyka Michael, Batra Anil, Heinz Andreas, Moggi Franz, Walter Marc (Hrsg.). *Suchtmedizin*. S. 223-233. München: Elsevier.
3. Michael P. Schaub (2016). Web-Based Interventions for Substance Abuse. In: ALM Andrade, De Micheli D (Eds.). *Innovations in the Treatment of Substance Addiction*. Page 151-163. Basel: Springer.
4. Corina Salis Gross, Claudia Arnold, Michael P. Schaub (2015). Tiryaki Kukla - Smoking cessation and tobacco prevention among migrants from Turkey in Switzerland. In: Ibrahim Sirkeci, Betül Dilara Sekar, Ali Caglar (Eds.). *Turkish Migration Identity and Integration*. Page 109-114. Turkish Migration Series: Transnational Press London.
5. Michael Schaub (2015). Behandlung bei schädlichem Cannabisgebrauch und Cannabisabhängigkeit - Hintergründe und Evidenz der Ansätze. In: Otto Schmid & Thomas Müller (Hrsg.). *Sucht - Genuss und Therapie, ein gesellschaftlicher Wandel*. S. 191-203. Pabst Science Publishers: Lengerich.

Published research reports (selection of not otherwise published research):

1. Michael P. Schaub, Larissa J. Maier (2016). Evaluation des Pilotprojekts SafeZone.ch anhand definierter Leistungskriterien und der Zufriedenheit beteiligter Institutionen. Zürich; Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-124657>
2. Larissa J Maier, Alwin Bachmann, Alexander Bücheli, Michael P. Schaub (2014). Erarbeitung Instrumente zur Früherkennung und Frühintervention von problematischem Substanzkonsum im Schweizer Nachtleben (2011-2013). Zürich: Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-102177>
3. Ulrich Frick, Maria Dickson-Spillmann, Wolfgang Wiedermann, Dirk Wiedenhöfer, Michael P. Schaub (2014). Evaluation des Einflusses der KVG-Revision Spitalfinanzierung auf die Qualität an den Schnittstellen (Schnittstellenstudie). Zürich: Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-92202>
4. Andreas Wenger, Michael Schaub (2013). Begleitforschung eSuchtportal: Qualitätsstandards in der eBeratung – Internetumfrage zu Qualitätsstandards und detaillierte Beurteilung von Websites. Bericht für das Bundesamt für Gesundheit. Zürich: Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-87266>
5. Larissa Maier, Michael Schaub (2013). Begleitforschung eSuchtportal. Ist-Analyse webbasierter Beratungs- und Selbsthilfeangebote in der Schweiz. Bericht für das

- Bundesamt für Gesundheit. Zürich: Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-87267>
6. Michael P. Schaub, Heidi Bolliger, Damian Hiltbrand (2013). Heroingestützte Behandlung Veränderung der Klientel in der Schweiz und Review der Kostenanalysen. Bericht für das Bundesamt für Gesundheit. Zürich: Schweizer Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-91445>
 7. Michael Schaub, Maria Dickson-Spillmann, Stephan Koller (2011). Bedarfsabklärung zu Behandlungsangeboten für Personen mit Alkoholproblemen. Projekt im Auftrag von infodrog. Zürich: Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-58796>
 8. Severin Haug, Andrea Dymalski, Michael Schaub (2011). Webbasierte Tabakprävention: Evaluation vorhandener Angebote, allgemeiner Wirksamkeitsnachweis und Nutzeneinschätzung von Zielgruppen in der Schweiz. Zürich: Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-58802>
 9. Ines Quinteros-Hungerbühler, Michael Schaub (2010). Vorstudie und Bedarfsanalyse für die Entwicklung eines integrativen Rauchstopp-Programms für Tabakkonsumentinnen und Tabakkonsumenten, die auch Cannabis konsumieren: Ausführlicher Schlussbericht z.H. des Tabakpräventionsfond. Zürich: Institut für Sucht- und Gesundheitsforschung. <https://doi.org/10.5167/uzh-93079>
 10. Ines Quinteros-Hungerbühler, Michael Schaub. Endbericht Monitoring Substanzkonsum in der Stadt Zürich 2010 für das Berichtsjahr 2009. Zürich, Stadt Zürich.

13 Major research projects

- 2018 - 2019 Cannabis use: recreational or medicinal backgrounds? – Grant from the Swiss Federal Office of Public Health [Principal Investigator (PI)]
- 2018 - undef Building a national addiction monitoring system step one: needs assessment, definition of indicator sets, database and quality assurance framework development. Unlimited advisory mandate from the United Arab Emirates.
- 2018 - 2020 A general population survey in Swiss young adults and youth to identify the prevalence of substance use and its association with day sleepiness and (non-) occupational accidents – grant from the Swiss Accident Insurance Fund (SUVA) [PI]
- 2018 - 2021 Developing and Testing the Effectiveness of a Novel Online Integrated Treatment for Problem Gambling and Tobacco Smoking: A Randomized Controlled Trial – Manitoba Gambling Research Program [co-PI]
- 2018 - 2020 Cultural adaption, implementation and effectiveness evaluation of takecareofyou.ch in Estonia. Grant from the Tervise Arengu Instituut Estonia [co-PI]
- 2018 - 2020 Developing and evaluating a cognitive behavioral self-help intervention for problematic and pathological gambling – gambling prevention program of the German speaking Cantons of Switzerland and Health Promotion Switzerland [PI]
- 2017 - 2019 Testing the Efficacy of an Online Self-Help Treatment for Comorbid Alcohol Misuse and Emotional Problems in Young Adult Manitobans: A Randomized Controlled Trial (RCT) – New Investigator Operating Grant at Research Manitoba [co-PI]
- 2017 - 2019 Evaluation of the Smartphone App Daybreak from Hello Sunday Morning in a two arm randomized controlled trial. National Drug Research Institute at Curtin University [co-PI, AUD 36'000]
- 2015 - 2019 ICare Integrating Technology into Mental Health Care Delivery in Europe – collaborative Horizon 2020 large scale grant from the European Commission (responsible for alcohol use disorder intervention parts) [PI at the University of Zurich]

- 2014 - 2018 Snow Control 2.0 – RCT on the effectiveness of guided vs. unguided web-based self-help in the reduction of cocaine use in problematic cocaine users – grant from the Swiss National Science Foundation (SNF) [PI]
- 2016 - 2017 WHO – Development of a transdiagnostic Internet-based self-help intervention for the treatment of common mental disorders in low- and middle-income countries for the World Health Organization (electronic Problem Management plus, ePM+) [sub-contractor]
- 2014 - 2018 WHO Alcohol e-Self-help Effectiveness Study – RCT on the effectiveness of a web-based self-help intervention for the reduction of harmful/hazardous alcohol use in Belarus, Brazil, Mexico and India for the World Health Organization WHO [PI]
- 2014 - 2017 Efficacy of a web and text messaging-based intervention to reduce problem drinking in young people – grant from the Swiss National Science Foundation (SNF) [co-PI]
- 2014 - 2018 First web-based Dual Disorder Treatment Trial among Problematic Alcohol Users with Moderate Depression Symptoms – grant from the Swiss Foundation for Alcohol Research (SSA) [PI]
- 2014 - 2017 Swiss Addiction Monitoring – competitive research grant for the Swiss general population addiction survey from the Swiss Federal Office of Public Health [member of the consortium]
- 2013 - 2016 The accompanying evaluation study of the new Swiss addiction Internet-portal Safe Zone – competitive grant from the Swiss Federal Office of Public Health [PI]
- 2012 - 2014 Queer Quit II: Adaptation and dissemination of the smoking cessation program tailored to homosexual men, sensitization of the homosexual population, calculation of success and risk factors for HIV positive participants and integration in the standard care system – grant from the Swiss Fund for Tobacco Prevention [PI]
- 2012 - 2014 A general population survey to identify the prevalence of neuroenhancement with prescription drugs and drugs of abuse in Switzerland – grant from the Swiss Accident Insurance Fund (SUVA) [PI]
- 2011 - 2014 Development and feasibility study for a group smoking cessation intervention for co-users of tobacco and cigarettes – grant from the Swiss Fund for Tobacco Prevention [PI]
- 2011 - 2014 Evaluation and monitoring of the nightlife scenes in five major Swiss cities - Swiss Office for the Coordination of Addiction Facilities (Infodrog) [PI]
- 2010 - 2013 Web-based tobacco prevention: Evaluation of current interventions, meta-analysis and target group usability assessment (study PI) – research grant from the Swiss Fund for Tobacco Prevention [PI]
- 2010 - 2012 Study on the development of an EU framework for minimum quality standards and benchmarks in drug demand reduction in the field of drug prevention, treatment, rehabilitation, and harm reduction – competitive research grant from the European Commission, Directorate C: Fundamental rights and Union citizenship [co-PI to Prof. Ambros Uchtenhagen]
- 2011 - 2011 Analysis of the current state and demand analysis of the treatment situation for persons with alcohol-related problems or alcohol dependence – competitive research grant from the Swiss Coordination Office for Addiction Facilities (infodrog) [PI]
- 2010 - 2013 Development of instruments and assessment of the client satisfaction in outpatient counselling services, substitution treatment, the heroin-assisted treatment and in reception centers in Switzerland – research grant from the Swiss Federal Office of Public Health [PI]
- 2010 - 2013 Cluster-randomized controlled study to investigate the effectiveness of a single group hypnosis cessation for tobacco smoking cessation – research grant from the Swiss Fund for Tobacco Prevention [PI]

- 2009 - 2013 Swiss Addiction Monitoring – competitive research grant for the Swiss general population addiction survey from the Federal Office of Public Health [member of the consortium]
- 2009 - 2011 Feasibility and effectiveness study of a web-based cognitive-behavioral self-help intervention for problematic cocaine users – research grant from the Federal Office of Public Health [PI]
- 2008 - 2010 Queer Quit: Adaptation and advancement of a group tobacco smoking cessation program for homosexual men – research grant from the Swiss Fund for Tobacco Prevention [PI]
- 2008 - 2010 INternational CAnnabis Need of Treatment – INCANT, a multi-site, trans-national randomized controlled trial to compare Multidimensional Family Therapy with treatment as usual for cannabis misusing/abusing adolescents – grant from the Swiss Federal Office of Public Health [PI in Switzerland]
- 2008 - 2012 Monitoring study of the Swiss Heroin-Assisted Treatment – two research grants from the Swiss Federal Office of Public Health [PI]
- 2006 - 2012 Swiss Cocaine Treatment Glossary: Development of treatment recommendations for cocaine dependent patients – two research grants from the Swiss Federal Office of Public Health [PI]
- 2002 - 2006 Cannabis and Schizophrenia – research grant for my own PhD from the Swiss Federal Office of Public Health [PhD student / scientific employee]

14 Major Award

- Best Scientific Paper Award 2014 – Lisbon, European Monitoring Centre for Drugs and Drug Addiction EMCDDA

15 Selected presentations at scientific meetings and conferences and invited lectures

(languages correspond to the language of the presentations)

1. Severin Haug, Michael P Schaub. Mobile phone-based intervention programs to reduce substance use among adolescents. Zurich, Jacobs Center for Productive Youth Development, 2nd of November 2018.
2. Michael P Schaub. Web-based self-help vs. chat-counselling vs. adherence-focused guidance for cannabis misusers. 9th conference of the European Society for Prevention Research. Lisbon, EMCDDA, 25th of October 2018.
3. Michael P Schaub. Technology-based Treatments for Cannabis Use Disorders. Invited lecture by the University of St Gallen. St Gallen City Hall, 27th of August 2018.
4. Michael P Schaub. Psychotherapie, Pharmakotherapie und psycho-soziale Ansätze der Kokainabhängigkeit. Kolloquium für Psychotherapie und Psychosomatik. Zürich, USZ, 28. Mai 2018.
5. Michael P Schaub. Past experiences with Managing Heroin Users in Switzerland. Invited speech at the Informal Scientific Network Meeting. United Nations Office on Drugs and Crime, Vienna, Austria, 12th of March 2018.
6. Michael P Schaub. Risks and benefits of substance use – Focus on risks without considering benefits. 3rd CAATOD (Critical Approaches to Alcohol, Tobacco and Other Drugs) conference, Vienna, 15th of December 2017.
7. Michael Schaub. Webbasierte Programme: Ersatz und/oder Ergänzung zur Face-to-Face Therapie? FSP Fachtagung „Psychologie im Internet: Chancen und Herausforderungen“. Bern, 9. November 2017.
8. Michael P Schaub. Symposium chair “moving interventions online”. 2nd Lisbon Addictions Conference, Lisbon, Portugal, 24th of October, 2017.
9. Michael P Schaub. Alcohol e-help - Web-based self-help program to reduce alcohol use in adults with drinking patterns considered harmful, hazardous, or suggestive of dependence in middle-income countries. ISRII 9th Scientific Meeting, Berlin, 14th of October 2017.
10. Michael P Schaub. Alcohol e-help - Investigating the effectiveness of a Web-based self-help program for the reduction of alcohol use in harmful, hazardous, or suggestive dependent drinkers in middle-income countries. Plenary Speech at the WHO Forum on alcohol, drugs and addictive behaviors, Geneva, 26th of June 2017.
11. Michael Schaub. Wirksamkeit und Qualität von Suchttherapie im Internet. Marburger Suchthilfetag, Marburg, Deutschland 17. Mai 2017.
12. Michael P Schaub. Efficacy of an Internet-based self-help intervention to reduce co-occurring alcohol misuse and depression symptoms in adults. Preliminary results from a three-arm randomized controlled trial. Speech at the International Congress on Dual Disorders, Madrid, Spain, 26th of March 2017.
13. Michael Schaub. EQUUS – European Quality Standards for Drug Demand Reduction. Invited speech at the Quality Assurance Mechanisms for Drug Treatment Services Meeting, United Nations Office on Drugs and Crime, Vienna, Austria, 14th of November 2016.
14. Michael Schaub. Evaluation des Pilotprojekts SafeZone.ch anhand definierter Leistungskriterien und der Zufriedenheit beteiligter Institutionen. Präsentation am Bundesamt für Gesundheit, Bern, 22. Juni 2016.
15. Michael Schaub. E-Mental Health Interventionen bei Suchterkrankungen. Referat am 17. Interdisziplinären Kongress für Suchtmedizin, München, Deutschland, 1. Juli 2016.
16. Michael Schaub. Das Schweizer Institut für Sucht- und Gesundheitsforschung – Hintergrund und aktuelle Projekte. Referat am Suchtschweiz Forum, 20. Oktober 2016.

17. Michael Schaub. Hirndoping: Lösung für eine erschöpfte Gesellschaft? Referat im Rahmen der Ringvorlesung „Der erschöpfte Mensch“ an der Volkshochschule Zürich, 11. November 2015.
18. Michael P Schaub, Oliver Berg, Andreas Wenger, Lars Stark, Severin Haug. The Comparison of Chat-Counseling and Web-Based Self-Help on Cannabis Users Who Aim to Reduce Their Use. Speech at the 1st Lisbon Addictions Conference, Lisbon, Portugal, 25th of September, 2015.
19. Michael P Schaub, Julia Becker, Severin Haug. I-cut – an integrative group cessation intervention for co-smokers of tobacco and cannabis: feasibility study. Speech at the 1st Lisbon Addiction Conference, Lisbon, Portugal, 24th of September 2015.
20. Michael P Schaub, Matthijs Blankers, Dirk Lehr, Heleen Riper, Jack Dekker, Larissa J Maier, Severin Haug, David D Ebert. First Web-based Dual Disorder Treatment Trial among Problematic Alcohol Users with Moderate Depression Symptoms: Study Design and Intervention Contents. Speech at the 2nd European Congress for Social Psychiatry, Geneva, 3rd of June 2015.
21. Ambros Uchtenhagen, Michael P Schaub. Predictors of outcome for comorbid patients in heroin assisted treatment. Speech at the 9th International Congress Dual Disorders, Barcelona, Spain, 20th of April 2015.
22. Michael P Schaub, Oliver Berg, Andreas Wenger, Lars Stark. The Comparison of Chat-Counseling and Web-Based Self-Help on Cannabis Users Who Aim to Reduce Their Use. Speech at the Club Health Conference, Lisbon, Portugal, 18th of June 2015.
23. Michael Schaub. Harm reduction strategies for cannabis users: do they care? Speech at the 3rd Bernese Addiction Congress, Psychiatric University Hospital Bern, 11th of June 2015.
24. Michael Schaub. EQUUS – European Quality Standards for Drug Demand Reduction. Invited speech at the University of Ghent, Belgium, 29th of April 2014.
25. Michael Schaub. Neuroenhancement with prescription drugs in Switzerland: between blessing for meritocracy and narcotics abuse. Invited speech at the XeRR/SCAHT Continuing Education Course in Toxicology, University of Zurich, 27th of June 2013.
26. Michael Schaub. Studie Doping am Arbeitsplatz und in der Bildung in der Schweiz. Hauptvortrag der 9. Tagung Berufsassoziierte Gesundheitsstörungen, Luzern, 4. September 2014
27. Michael Schaub. Wirksamkeit und Qualität der Therapie von Substanzstörungen im Internet. Vortrag am Montagskolloquium der Universitären Psychiatrischen Kliniken Basel, 15. September 2014.
28. Michael Schaub. Development of Minimal and Best Practice Quality Standards for Internet Addiction Counselling. Speech at the 7th Meeting of the International Society of Internet Interventions, Valencia, Spain, 25th of October 2014.
29. Michael Schaub. EQUUS – European Quality Standards for Drug Demand Reduction. Invited speech at the EU National Drugs Coordinators Meeting, Athens, Greece, 16th of June 2014.
30. Michael Schaub. Sinn und Unsinn von Gehirndoping: Ritalin & Co im Visier der Wissenschaft. Hauptvortrag am Suchtforum Oberwallis, Brig, 20. November 2014.
31. Michael Schaub. Wirksamkeit von Suchttherapie im Internet. Vortrag am Forum für Suchtfragen, Basel, 20. November 2014.
32. Michael Schaub. EQUUS – Building a European consensus on minimum quality standards for drug treatment, rehabilitation and harm reduction. Speech for the award ceremony of the scientific paper award 2014, European Monitoring Center for Drug Abuse and Addiction, EMCDDA, Lisbon, Portugal, 25th of November 2014.

33. Michael Schaub. Forschungsprojekte am Schweizer Institut für Sucht- und Gesundheitsforschung. Sozialpsychiatrisches Kolloquium, Psychiatrische Universitätsklinik, Zürich, 5. Dezember 2013.
34. Michael Schaub. Doping am Arbeitsplatz und in der Bildung in der Schweiz. Referat am 12. Nationalen Diskussionsforum über berufsassoziierte Gesundheitsstörungen, Kursaal Bern, 26. November 2013.
35. Michael Schaub. Wirksamkeit und Qualität von Suchttherapie im Internet. Referat an der Suchthilfe 2.0 Tagung, Volkshaus Zürich, 30. Oktober 2013.
36. Michael Schaub. Efficacy of e-addiction interventions: Illusion, science-fiction or already a fact? Speech at the 6th Swiss Addiction Research Day, Montreux Music and Convention Centre, 13th of September 2013.
37. Michael Schaub. Doping am Arbeitsplatz und in der Bildung. Referat an der 8. Tagung für Berufsassoziierte Gesundheitsstörungen, Luzern, 5. September 2013.
38. Michael Schaub. Internet based therapies for drug addiction. Speech at the 21st World Congress for Social Psychiatry, Lisbon, Portugal, 30th of June 2013.
39. Michael Schaub. Efficacité et qualité des interventions de e-addiction : Illusion, science-fiction ou déjà réalité ? Exposé au centre d'addiction, Hôpitaux Universitaires de Genève, 12. Juin 2013.
40. Michael Schaub. Has addiction research an impact on drug policy? – Good news and problems at national level. Speech at the international conference for the 20th anniversary of the Swiss Research Institute for Public Health and Addiction ISGF, 10th of September 2013.
41. Michael Schaub. Neuroenhancement with prescription drugs in Switzerland: between blessing for meritocracy and narcotics abuse. Speech at the international conference for the 20th anniversary of the Swiss Research Institute for Public Health and Addiction ISGF, 9th of September 2013.
42. Michael Schaub. Web-based Cognitive Behavioral Self-help Therapy versus Psycho-educative Information to Reduce Cocaine Consumption in Problematic Cocaine Users: A Randomized Controlled Trial. Speech at the Club Health Conference 2013, Zurich, 30th of May 2013.
43. Michael Schaub. Wirksamkeit und Kosten-Effektivität von Suchtbehandlung über das Internet: Zukunftspotential, gegenwärtige Probleme und Grenzen. Seminar an den Hamburger Suchttherapietagen 2013, Hamburg, Deutschland, 24. Mai 2013.
44. Michael Schaub. Welcome and Introduction Lecture at the 16th European Association of Substance Abuse Research Conference in Aeschi above Lake Thun, 9th of May 2013.
45. Julia Becker, Michael Schaub. Killing two birds with one stone? A feasibility study of an integrative group cessation intervention for co-smokers of cigarettes and cannabis – first results. Speech at the 15th European Association of Substance Abuse Research Conference, Nijkerk, the Netherlands, 13th of May 2012.
46. Andrea Dymalski, Maria Dickson-Spillmann, Michael Schaub. Group hypnotherapy versus group relaxation for smoking cessation: First results of a randomized controlled trial. Speech at the 15th European Association of Substance Abuse Research Conference, Nijkerk, the Netherlands, 11th of May 2012.
47. Michael Schaub. Web-based Cognitive Behavioral Self-help Therapy versus Psycho-educative Information to Reduce Cocaine Consumption in Problematic Cocaine Users: A Randomized Controlled Trial. Speech at the 14th Meeting of the International Society of Addiction Medicine ISAM, Geneva, 13th of October 2012.
48. Michael Schaub. Snow Control - Online Hilfe zur Reduzierung des Kokainkonsums. Vorsitz und Vortrag am 13. Interdisziplinären Suchtkongress, München, Deutschland, 5. Juni 2012.

49. Michael Schaub. Snow Control – online self-help for cocaine users. Invited lecture at the University of Vancouver, British Columbia, Canada, 13th of December 2011.
50. Michael Schaub. Cognitive Enhancement und Leistungskultur: Vorteile, Risiken und Nebenwirkungen. Referat am 10. Nationalen Diskussionsforum über berufsassoziierte Gesundheitsstörungen, Bern, 22. November 2011.
51. Michael Schaub. European quality standards in drug demand reduction. Entwicklung minimaler gesamteuropäischer Qualitätsstandards für die Behandlung, Rehabilitation und Schadensminderung in der Suchthilfe. Referat für die Deutsche Hauptstelle für Suchtfragen, Hamburg, Deutschland, 15. November 2011.
52. Michael Schaub, Robin Sullivan, Lars Stark. Snow Control – Wirksamkeit einer Internetbasierten kognitiv-verhaltenstherapeutische Selbsthilfeoberfläche. Referat am Deutschen Suchtkongress, Frankfurt a. M., Deutschland, 27. September 2011.
53. Michael Schaub. Die Zürcher Szene. Referat für die Bayrische Akademie für Sucht- und Gesundheitsfragen, München, Deutschland, 13. Juli 2011.
54. Michael Schaub. Minimal Quality Standards for Harm Reduction. Speech at the EQU-Conference, Brussels, Belgium, 16th of June 2011.
55. Ambros Uchtenhagen, Michael Schaub. European quality standards in drug demand reduction: Project Overview. EQU-Conference, Brussels, Belgium, 15th of June 2011.
56. Julia Becker, Michael Schaub. Preliminary Study and Demand Analysis for an Integrative Smoking Cessation Group Therapy for Combined Smokers of Cigarettes and Cannabis. Speech at the 14th European Association of Substance Abuse Research Conference, Niederpöcking, Germany, 1st of May 2011.
57. Robin Sullivan, Michael Schaub, Julia Becker. Queer Quit Smoking Cessation Course for Gay Men. Speech at the 14th European Association of Substance Abuse Research Conference, Niederpöcking, Germany, 30th of April 2011.
58. Michael Schaub. Framework for Minimum Quality Standards and Benchmarks in Drug Demand Reduction: Presentation of Delphi survey results. Speech at the European Commission, Brussels, Belgium, 4th of March 2011.
59. Michael Schaub, Ambros Uchtenhagen. Framework for Minimum Quality Standards and Benchmarks in Drug Demand Reduction: Presentation of preliminary results and conceptualisation of Delphi survey. Speech at the European Commission, Brussels, Belgium, 7th of December 2010.
60. Michael Schaub, Toni Berthel, Rudolf Stohler. Resultate einer Praktiker-Netzwerkumfrage zur Verwendung von Erfahrungen mit internationalen Behandlungsansätzen der Kokainabhängigkeit, welche vornehmlich aus den USA stammen. Speech at the 6th International Conference on Nightlife, Substance Use and Related Health Issues, Zurich, 9th of June 2010.
61. Michael Schaub, Lars Stark, Robin Sullivan. Snow Control – a web-based cognitive-behavioral self-help tool for cocaine users. Speech at the 6th International Conference on Nightlife, Substance Use and Related Health Issues, Zurich, 8th of June 2010.
62. Ines Quinteros-Hungebuehler, Alexander Buecheli, Michael Schaub. Consumption behaviour of Zurich's party drugs users. Speech at the 6th International Conference on Nightlife, Substance Use and Related Health Issues, Zurich, 7th of June 2010.
63. Michael Schaub, Ines Quinteros-Hungerbuehler, Christina Akre, Joan-Carles Suris. Developing an integrated smoking cessation group therapy for combined smokers of cannabis and cigarettes. Speech at the 13th European Association of Substance Abuse Research Conference, Bad Aussee, Austria, 10th of Mai 2010.
64. Ambros Uchtenhagen, Michael Schaub. Framework for Minimum Quality Standards and Benchmarks in Drug Demand Reduction. Project presentation. European Monitoring Center for Drugs and Drug Addiction EMCDDA, Lisbon, Portugal, 3rd of Mai 2010.

65. Michael Schaub. Examples of Good Practice of Harm Reduction Interventions in Swiss Prison Institutions. Speech at the Connections Expert Meeting, European Monitoring Center for Drugs and Drug Addiction EMCDDA, Lisbon, Portugal, 24th of March 2010.
66. Michael Schaub, Beatrice Annaheim, Max Mueller, David Schwappach, Gerhard Gmel. Leisure time activities that predict initiation, persistence, progression, and reduction of cannabis use: a prospective, population-based panel survey. Poster presentation at the 71st Annual Meeting of the College on Problems of Drug Dependence CPDD, Reno/Sparks, Nevada, USA, 23rd of June 2009.
67. Rudolf Stohler, Michael Schaub, Toni Berthel. Outcomes of a Swiss practitioner network survey on the current use of U.S. treatment approaches to cocaine addiction. Poster presentation at the 71st Annual Meeting of the College on Problems of Drug Dependence CPDD, Reno/Sparks, Nevada, USA, 24th of June 2009.
68. Melanie Hess, Lukas Boesch, Ria Leisinger, Michael Schaub, Rudolf Stohler. Using transdermal buprenorphine to switch patients from higher-dose methadone to buprenorphine without causing severe withdrawal symptoms. Poster presentation at the 71st Annual Meeting of the College on Problems of Drug Dependence CPDD, Reno/Sparks, Nevada, USA, 22nd of June 2009.
69. Gundo Aurel Weiler, Konstantin Dumchev, Martin Donoghoe, Nicolas Clark, Sergey Dvoryak, Victor Chtenguelov, Ambros Uchtenhagen, Michael Schaub, Irina Grishayeva. Prove it: A standardised approach to evaluating opioid substitution therapy in Ukraine. Presentation at the Harm Reduction Conference, Bangkok, Thailand, 23rd of April 2009.
70. Michael Schaub, Toni Berthel, Stohler Rudolf. Vorbereitung für die Entwicklung von nationalen Behandlungsempfehlungen für kokainbedingte Störungen - Projektpräsentation. Posterpräsentation an der Nationalen Substitutionskonferenz, Bern, 7. September 2007.
71. Michael Schaub, Lukas Boesch, Rudolf Stohler. Differences in Schizotypy, Aggressiveness, Depressiveness, and Sensation Seeking Among Life Time Concomitant Substance Use in Frequent Cannabis Consumers. Poster presentation at the 69th Annual Meeting of the College on Problems of Drug Dependence CPDD, Quebec, Canada, 18th of June 2007.
72. Michael Schaub, Rudolf Stohler. Ist Cannabiskonsum mit Symptomunterschieden bei atypisch medizierten Schizophreniekranken assoziiert? – Studienresultate und Behandlungsempfehlungen für die Praxis. Posterpräsentation Voneinander Lernen III, Bern, 27. September 2006.
73. Michael Schaub, Toni Berthel, Rudolf Stohler. Vorbereitung für die Entwicklung von nationalen Behandlungsempfehlungen für kokainbedingte Störungen - Projektpräsentation. Posterpräsentation und Vortrag Voneinander Lernen III, Bern, 28. September 2006.
74. Michael Schaub, Lukas Boesch, Rudolf Stohler. Unterschiede bei schizotypen Persönlichkeitszügen, Aggressionsdimensionen, Sensation-Seeking und Depressionsniveaus bei täglichen Cannabiskonsumern. Posterpräsentation Voneinander Lernen III, Bern, 28. September 2006.
75. Michael Schaub, Rudolf Stohler. Cannabis Using Schizophrenia Patients Treated with Atypical Neuroleptics: Do Their Symptoms Differ from That of Cannabis Abstainers? Poster presentation at the 68th Annual Meeting of the College on Problems of Drug Dependence, Scottsdale, Arizona, USA, 21st of June 2006.
76. Thomas Jarchow, Michael Schaub. Perceived body orientations in the roll plane under 'wet' and 'dry' conditions. Speech at the 24th Bårany Society Meeting, Uppsala, Sweden 12th of June 2006.
77. Michael Schaub, Rudolf Stohler. Cannabis Using Schizophrenia Patients Treated with Atypical Neuroleptics: Do Their Symptoms Differ from That of Cannabis Abstainers? Speech and Poster Presentation at the 26th Annual Meeting of the Swiss Society of Biological Psychiatry, Lausanne, 31st of March 2006.

78. Michael Schaub, Lukas Boesch, Rudolf Stohler. Relationship between Hostility, Anger, Schizotypal Personality Traits and Cannabis Use. Speech at the 8th Three Countries Congress for Biological Psychiatry, Bern, 22nd of October 2004.
79. Michael Schaub, Lukas Boesch, Rudolf Stohler: Schizotypal Traits and Altered States of Consciousness Scores - Do Cannabis Using Students Differ from their Non-Using Colleagues? Poster presented at the 8th congress of the SGP, Bern, 14th of October, 2003.
80. Michael Schaub, Lukas Boesch, Rudolf Stohler: Goals of Cannabis Use in Students and Their Association with the Schizotypal Personality Questionnaire. Speech at the Annual meeting of the SAPE, Zurich, 24th of September, 2003.
81. Michael Schaub, Lukas Boesch, Rudolf Stohler: Goals of Cannabis Use in Students: A Multifactorial Model and Its Association with Schizotypal Traits. Speech at the 2003 IACM 2nd Conference on Cannabinoids in Medicine, Cologne, Germany, 13th of September, 2003.
82. Michael Schaub, Thomas Jarchow. Perception of Space and Position Under 'wet' and 'dry' Conditions. Poster presentation at the 3rd Congress of Perceptual Psychology, Tübingen, Germany, 23rd of February, 2000.